



# Creative Arts Group

**FREE Group for teens ages 13-16  
who suffer from depression**



**Provides peer support and coping strategies to manage symptoms of depression through creative arts activities and group discussion**

***Music • Collage  
Mask Making • Clay  
Journaling and more!***

**8- week group meets at Child & Family Center  
Tuesdays from 5:30 - 6:45 pm**

**For more information or to enroll, please contact:  
Christine Waldron, LMFT - 661-259-9439 ext 3142**

**Child & Family Center  
21545 Centre Pointe Pkwy • Santa Clarita, CA 91350  
[www.childfamilycenter.org](http://www.childfamilycenter.org) • 661-259-9439**