



Creative Arts Group

**FREE Group for teens ages 13-16
who suffer from depression**



Provides peer support and coping strategies to manage symptoms of depression through creative arts activities and group discussion

***Music • Collage
Mask Making • Clay
Journaling and more!***

**Group meets at Child & Family Center
Tuesdays from 5:00 - 6:30 pm for eight weeks
beginning January 9, 2018**

**For more information or to enroll, please contact:
Christine Waldron, LMFT - 661-259-9439 ext 3142**

**Child & Family Center
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