



My Family Safety

FREE Education/Skills Group

for Children Ages 7 to 12



***Family arguments, fights, violence & breakups....
They all can affect your children.
My Family Safety group can help.***

Children learn

- to put words to feelings about family changes
- how to better express their feelings
- to develop their own safety plan
- healthy ways to cope with loss

***Groups meet Tuesdays, 4:00 - 5:00 pm at
Child & Family Center for 10 weeks
Beginning January 16, 2018***

For more information, contact

Child & Family Center

21545 Centre Pointe Parkway, Santa Clarita, CA 91350

661-259-9439 • www.childfamilycenter.org