

Outpatient Substance Use Treatment Services

Program Overview

The outpatient program is for adolescents and young adults with primary substance use disorders. We believe that a peer interacting with peers, with clinical guidance, is the best approach to addressing drug and alcohol use issues.

We focus on group work, individual counseling, case management, and recovery support services. Program Requirements

To be eligible for services, the person must be experiencing a problem with alcohol &/or drugs and meet medical necessity criteria for specific level of treatment

If enrolled in a County-funded program, the person must

- Be eligible for Program Services through third party payors (Medi-Cal, My Healthy LA)
- Show proof of residency in Los Angeles County
- Have received a physical within the past 12 months. A person can still enroll but will have to receive a physical within 30 days of admission.

DID YOU KNOW...

One in ten people over the age of 12 struggle with substance use, including addiction to prescription drugs.

40% of individuals who know they have an alcohol or drug problem are not ready to stop using

4% of 8th graders, 10%, of 10th graders, and 17% of 12 graders in the U.S. report binge drinking.

Every day, more than 115 people in the United States die after overdosing on opioids.



Program Services

Our Program is six (6) hours of treatment weekly for clients ages 12-17 and up to nine (9) hours for clients ages 18-65. We believe that the individual should be met where they are at based on the initial and ongoing assessments.

The Program offers:

- Assessment and Treatment Planning
- Individual Counseling
- Group Counseling
- Family Therapy
- Crisis Services (if needed)
- Case Management
- Recovery Planning and Relapse Prevention
- Aftercare Services
- Alcohol and Drug Screening

While receiving treatment, clients may work on these areas of life:

- Identifying internal and external triggers
- Challenges in recovery
- The brain and drugs
- Avoiding relapse
- Taking care of yourself
- Managing life
- Repairing relationships
- Compulsive behavior and many other topics

Individualized Treatment Plan

This individual treatment plan is the primary tool utilized to address issues, establish treatment goals, and guide treatment toward complete abstinence from alcohol and all illicit substances. The treatment plan is tailored to the person's needs and relationship with substances. While receiving treatment, clients live in the community.

As a client you will participate in the development of an individualized treatment plan based on information you provide that includes areas of drug/alcohol use, vocational/education, medical, legal, psychological, social and family history.

Using positive reinforcement, the structured outpatient treatment experience is designed to give clients the knowledge and support to achieve harm reduction from drugs and/or alcohol and to initiate long-term recovery.

For more information about the Treatment Program or to set up an intake assessment, call Monday – Saturday:

(661) 481-2801

CENTER OVERVIEW

Since 1976, Child & Family Center has helped thousands of children and their families by providing comprehensive prevention, early intervention, diagnostic evaluation and therapeutic services for children, teens, adults and families.

The basic philosophy underlying all of the Center's programs is that early intervention and guidance in an individual's life can prevent more serious problems from developing.

Programs include

- Individual, family and group counseling
- Substance Use education and treatment
- School Based Counseling
- Crisis Intervention
- Intensive in-home care
- Domestic Violence Services

Our staff of professionals includes child psychiatrists, licensed psychologists, licensed clinical social workers, marriage family and child therapists, case managers, and therapists who work in collaboration to provide the best possible care.

We collaborate with school districts, social service agencies, LA County Department of Mental Health, Department of Children & Family Services, L.A. Substance Abuse Prevention Control, among others to provide the best possible care for our clients.

The Child & Family Center is a 501c3 non-profit and certified Medi-Cal Community Mental Health Center. Services are funded through federal, state and county contracts, grants, private donations and provided on a sliding fee scale.



*Changing lives and healing relationships
by helping people thrive through
education, treatment, prevention & advocacy.*



Substance Use Treatment
Assessment, Intake
Referral & Treatment
661-481-2801

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