

# Crisis Intervention Services

## Program Overview

This program is designed to help stabilize crisis situations by reducing the risk of suicidal/homicidal ideation and intention, as well as reduce problematic symptoms or behaviors that may impair a child, adolescent, or young adult's daily functioning.

Targeted symptoms can include: suicidal/homicidal ideation, serious emotional disturbance, trauma, and substance abuse.

If a potential client is deemed to be in crisis, he or she will be seen immediately during crisis intervention services hours. Services are provided free of charge.

The client and the family are seen by a Crisis Program Therapist. Safety plans are developed with the client and parent/guardian to help keep the client and others safe during the stabilization process.

The client is then provided crisis intervention services which can last one session up to thirty days of treatment.

Hours of operation:  
Monday through Friday 9 a.m. to 5 p.m.

Who we serve:  
Services are available for non-client/community members under the age of 25.



## Services Provided

The Crisis Program Therapist provides crisis intervention services, which include assessment safety planning, and stabilization.

For clients who pose a risk to themselves or others, this could also include involuntary psychiatric hospitalization.

If a client is determined to be a danger to himself/herself or others, a certified staff member is able to initiate hospitalization directly from the Child & Family Center office.

The Crisis Program Therapist can directly refer the client for medication support at Child & Family Center or to another psychiatric clinic depending on the course of treatment decided on by the treatment team.

A client is discharged from the Crisis Program once the crisis has abated or the client has been linked to outpatient services within 30 days.

## Crisis Team

Psychologists, marriage and family therapists, and clinical social workers specially trained in crisis intervention and critical incident stress debriefing.

## Accessing Services

Referrals from:

- Teachers, school counselors
- Parents
- Clergy members
- Law enforcement
- Department of Children & Family Services (DCFS)
- Department of Probation
- Department of Mental Health (DMH),
- Psychiatric Hospitals
- Community agencies
- Walk-ins and self-referrals

## CENTER OVERVIEW

Since 1976, Child & Family Center has helped thousands of children and their families by providing comprehensive prevention, early intervention, diagnostic evaluation and therapeutic services for children, teens, adults and families.

Programs include

- Individual, family and group counseling
- Substance Use education and treatment
- School Based Counseling
- Crisis Intervention
- Intensive in-home care
- Domestic Violence Services

Our staff of professionals includes child psychiatrists, licensed psychologists, licensed clinical social workers, marriage family and child therapists, case managers, and therapists who work in collaboration to provide the best possible care.

We collaborate with school districts, social service agencies, LA County Department of Mental Health, L.A. Substance Abuse Prevention Control, among others to provide the best possible care for our clients.

The basic philosophy underlying all of the Center's programs is that early intervention and guidance in an individual's life can prevent more serious problems from developing.

Child & Family Center is a 501c3 non-profit and certified Medi-Cal Community Mental Health Center. Services are funded through federal, state and county contracts, grants, and private donations.



*Changing lives and healing relationships by helping people thrive through education, treatment, prevention and advocacy.*

*Strengthening families today for stronger communities tomorrow.*



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